

An introduction is a mini-speech that tells why (me) the speaker (Ingo) is credible to speak on the subject that's important to your audience. **Please practice** reading out loud at least 5 times as it will have a huge impact on your audience when you take the time to prepare. There are two different intros' here for you to use. You may edit an alter to fit your style and group

Please make sure Ingo is within sight before introducing him

Introduction for Ingo G. Logé #1

To begin with....

'Friends, you may never get a chance like this again'

Our speaker today, Ingo Logé, speaks from his heart and he believes that learning to be a healthy/stress free practitioner can make you more effective and successful. It can also help you improve your bottom line in health and wealth.

Ingo is affectionately known as the Wellness CSI. He gives seminars and workshops on everything from the secrets to effective habit change to what your pooh might be telling you!

He's written several published articles, his new E-book called "**The Gratitude Cleanse**" *The Ultimate Way to **Replenish, Refresh, and Revive Your Body has changed many lives.*** Ingo has also appeared weekly on the morning show on CBS with his very popular "Get Your Body Back" segments

He has also appeared on Good Morning America introducing the Power Plate 10 minute workouts. The 2007 book "La Quinta a Legend in the Making" featured his business as best in the desert. His clients call him "*The Nutritional Lifestyle Connection Expert*"

But most people know Ingo as a simple man with an extraordinary message that is quietly changing lives.

Today, Marriott, Hyatt, Westin, Proctor and Gamble, The Duncan Group, Mastery Business Plan, Mina, GMDC and the La Costa Resort and Spa, are among the many companies that have sought his life changing ideas and keynote speeches to impact their employees toward real health and happiness

'Since I can barely wait to join you by sitting on the edge of my seat for a while, allow me to introduce...'

The man who reminds us that "'What lies behind us and what lies before us are tiny matters compared to what lies within us." *The Nutritional Lifestyle Expert and Ace of Energy*" himself, Ingo Logé

Introduction for Ingo G. Logé #2 you may customize the time of day if you like

I have been eagerly anticipating this evening for months. Like many of you, I recognize that the opportunity to hear our speaker in person tonight is a rare and extremely valuable opportunity. He has worked with many celebrities, and major corporations, authored numerous award winning articles and will soon be releasing his new book “The Gratitude Cleanse” *The Ultimate Diet Free Practice For Getting Your Body & Your Life Back* .

What you may not know is he is an avid philanthropist, activist and child crisis partner for the rights of enslaved and malnourished children worldwide. Even though he might not admit it to you, his speaking calendar is filling up 1year out with an ever growing waiting list.

Prepare to be inspired, motivated, and more importantly equipped to live the life you always wanted. I don't want to waste another moment of his time, so please give an energetic welcome to our speaker for the afternoon, Ingo Loge The Ace of Energy!.